FALL FASHION: THE NEW CLASSICS

CENTRAL EASTSIDE'S CREATIVE BLOOM

STREETCAR FIGHT: LAKE O vs. DUNTHORPE



GUHHY Weekends

ශ OCTOBER 2010

top wine picks

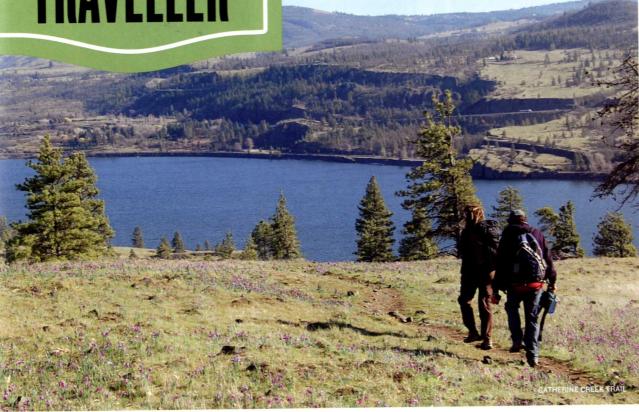
WINE COUNTRY WEEKENDS

FOR THE

ACTIVE TRAVELLER

Great wine regions can be found across the world, but none quite like the Columbia River Gorge.

Where else can you pair a delicate viognier or an earthy zinfandel with some of globe's best windsurfing, hiking, river rafting, and biking? If your every weekend—even one spent tasting wines—needs action, head east, not south.



FRIDAY

Fill your picnic basket in Hood River with bread from **Knead** (102 Fifth St) and cheeses and snacks from **South Bank Kitchen** (404 Oak St; 541-386-9876). Our favorites? Emmi's cave-aged gruyère and inspired sides such as beet salad dressed with mandarin oranges, fennel, and chevre.

You can't taste this region's wines without crossing the Columbia into Washington for Rhône-style pours at **Syncline Winery**. James and Poppie

Mantone have one acre of vineyards on their property and 24 in eastern Washington's Horse Heaven Hill and Columbia River Gorge AVAs; they produce 5,000 cases a year of mostly Rhône varietals, such as mourvèdre, roussanne, and viognier. Thur—Sun 11—6; 111 Balch Rd, Lyle; 509-365-4361; synclinewine.com

Not far from Syncline, the moderate one-and-a-quarter-mile hike to the top of **Catherine Creek** brings you to a superlative picnic spot. (Keep an eye out for poison oak.) The views of the Gorge, Oregon's lush northern edge, and Mound Hood's majestic peak are jaw-dropping. www.fs.fed.us/r6/columbia/trails/trail_catherine.htm



EAT

Have dinner at Nora's Table in Hood River. The eclectic, highly localized menu offers dozens of small plates as well as entrées (like Goan seafood curry with rockfish, prawns, scallops, and mussels) all dreamed up by Nathan Morgan, former chef of Portland's popular Indian restaurant Vindalho. Tue-Sat; 110 Fifth St, Hood River; 541-387-4000; norastable.com

CHECK IN

The stylishly updated Celilo Inn sits on a bluff above The Dalles with commanding views of one of the planet's most dramatic meetings of man and nature: the Gorge and the gargantuan Dalles Dam. Ask about the Spirit of Adventure package, which includes a one-night stay and a white-water rafting trip down the Deschutes or White Salmon river. 3550 E Second St, The Dalles; 541-769-0001; celiloinn.com

SATURDAY

Ready for an adrenaline rush? Raft down an eight-mile stretch of the White Salmon River with Zoller's Outdoor Odysseys. In the fall, the White Salmon is Class III—which means it moves fast but "there's no huge, wipeme-out waves," says owner Mark Zoller. As you careen down the picturesque canyon, you'll pass a 14-foot waterfall, western red cedars growing straight out of lava walls, and plenty of wildlife. 1248

2004; zooraft.com; \$55-65 per person **TASTE**

wy'East Vineyards is named after the Multnomah Indians' word for Mount Hood, which dominates the skyline. Here, Christie Reed will lead you through a tasting that begins with pinot gris and ends with the Cloud Cap Select, a port-style dessert wine. Winemaker Peter Rosback also produces a stunning cabernet sauvignon. 3189 Hwy 35, Hood River; 541-386-1277; wyeastvineyards.com; \$5 tasting fee

Hwy 141, White Salmon, Wash; 800-366-

Try local vintages from 35 Columbia Gorge wineries side by side at the Gorge White House. The fruit stand out back sells local Anjou and Bosc pears, cheeses, and pear wine. Fri-Mon 10-6; 2265 Hwy 35, Hood River; 541-386-2828; thegorgewhitehouse.com; \$1 tastes; \$6 glasses

EAT

At Hood River's Celilo Restaurant and Bar, chef Ben Stenn relies on a network of farmers, foragers, and fishermen for dishes such as seared sea scallops over spinach cream purée and seared salmon served on a bed of winter greens with fresh thyme and a brandied huckleberry glaze. 16 Oak St, Hood River; 541-386-5710; celilorestaurant.com

SUNDAY

Rent a hybrid at **Discover Bikes** and take a spin down the Mosier Twin Tunnels Trail, a now-car-free ninemile segment of the original Columbia Gorge Highway with unmarred vistas of the Gorge. 210 State St, Hood River; 541-386-4820; \$25 for the day; visit oregon stateparks.org for more info

Take a deep sip of a full-bodied zinfandel made from the pre-Prohibition-era vineyard at the Pines 1852. Owner Lonnie Wright (or his charming daughter, Sierra) will tell you how he came to buy a vineyard first planted in the 1890s by an Italian stonemason. Wed-Sun; 202 State St, Hood River; 541-993-8301; thepinesvineyard.com

Cuvée Elena (\$35) has a tarry,

fruity blend of flavors that make it the best Columbia Gorge wine of the last five years.

WY'EAST

The 'Blue Chip' (\$24) is a delicate, ethereal expression of the light

red berry flavors that pinot noir lovers look for.

The 'Redd Red' (\$20 at White House) is a blend of syrah, merlot, and cabernet sauvignon with a soft, friendly uncomplicated texture and an

international style.



lexandrine Roy is a fourthgeneration winemaker at Domaine Marc Roy, located in France's Burgundy region. She joined the family winery full-time in 2003. Three years ago, she became a consulting winemaker at Phelps Creek in Hood River, where she puts her mark on seven to nine barrels each fall.

What drew you to making wine in the Columbia River Gorge?

I love the elevation and the fact that the Columbia River is close, bringing some freshness and moisture.

What is the difference between Burgundian vs. Oregon pinot noir?

In general Burgundy pinot is more classic—that is to say less explosive at the front. Why? Our constant rainfall year-round in Burgundy ripens the grapes more easily. Also, French winemakers tend to emphasize vinegrowing instead of winemaking. At Phelps Creek, I am trying to produce Oregon wine by taking this newer vine fruit and employing classic techniques such as using native yeasts.

How does the terroir here differ from your estate in Gevrey-Chambertin?

Burgundian soils are very old, poor clay-limestone with a lot of rocks and gentle slopes, whereas Oregonian soils are young, fertile, and mostly volcanic.

What is the most important thing about wine?

Making wine is a continuation of work in the vineyards. Keep it as natural as possible. Terroir says it all.